

## 3 easy steps to take the **EMPTY PLATE CHALLENGE!**

Here's how you and your family can take make the Challenge a household, neighborhood, company, or church project:

- 1 Sit down to discuss the campaign:** what your giving goal is, when you want to skip a meal together, and who else you might invite to join you — family, friends, fellow church members, colleagues at work.
- 2 Give an *Empty Plate Challenge*** information card to each and encourage them to join you.
- 3 Skip a meal together . . .** and then give the money you would have spent to share help and hope this Thanksgiving.



**Thanks for joining generous people across Tampa Bay to provide Thanksgiving meals for those in great need!**

To give online (or get more cards), visit: [metromin.org/emptyplate](http://metromin.org/emptyplate)

---

## 3 easy steps to take the **EMPTY PLATE CHALLENGE!**

Here's how you and your family can take make the Challenge a household, neighborhood, company, or church project:

- 1 Sit down to discuss the campaign:** what your giving goal is, when you want to skip a meal together, and who else you might invite to join you — family, friends, fellow church members, colleagues at work.
- 2 Give an *Empty Plate Challenge*** information card to each and encourage them to join you.
- 3 Skip a meal together . . .** and then give the money you would have spent to share help and hope this Thanksgiving.



**Thanks for joining generous people across Tampa Bay to provide Thanksgiving meals for those in great need!**

To give online (or get more cards), visit: [metromin.org/emptyplate](http://metromin.org/emptyplate)

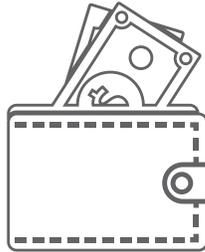
## Take the **EMPTY PLATE CHALLENGE!**

Thanksgiving is a season to show your gratitude to God for His many blessings . . . and then give generously to bless someone in need. You can do that by joining Metropolitan Ministries in our *Empty Plate Challenge*.

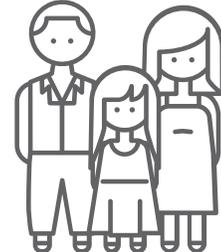
### Here's how it works:



You (and your family too) skip a meal — just one!



Then you share the money you would have spent.



Your gift, combined with others, will provide thousands of meals to hungry moms, dads, boys, and girls.

**Are you in? If so, take the challenge, and then send your gift to:**

Metropolitan Ministries, 2002 N Florida Ave, Tampa, FL 33602.

---

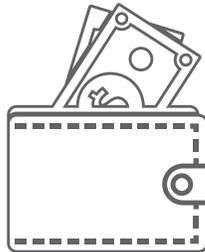
## Take the **EMPTY PLATE CHALLENGE!**

Thanksgiving is a season to show your gratitude to God for His many blessings . . . and then give generously to bless someone in need. You can do that by joining Metropolitan Ministries in our *Empty Plate Challenge*.

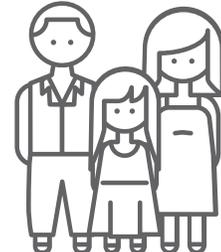
### Here's how it works:



You (and your family too) skip a meal — just one!



Then you share the money you would have spent.



Your gift, combined with others, will provide thousands of meals to hungry moms, dads, boys, and girls.

**Are you in? If so, take the challenge, and then send your gift to:**

Metropolitan Ministries, 2002 N Florida Ave, Tampa, FL 33602.